

Our services are ideal for anyone in the community who requires assistance to remain independent.

- **Personal Care** - showering, dressing & grooming
- **Hand and Foot Care** - including nail cutting
- **Social Support** - shopping, banking, Dr's appointments, outings
- **Transport** - Daycare, appointments, hospital/nursing home visits
- **Respite** - giving a carer the opportunity to attend to everyday activities knowing the person they care for is safe
- **Home from hospital help**
- **Medication Prompting**
- **Meal Preparation**
- **House Keeping** - cleaning, washing, ironing, dishwashing
- **Shopping** - with our care worker or without

We cover areas from Helensburgh to Geroa.



At Essential Care, our mission is to keep our clients as independent as possible by providing high quality care and support

Our Aims

To ensure service is provided in a dignified and caring way.

To listen to what you have to say and support you in your choice of service.

To be flexible so that we can meet your needs.

To be the leader of service provision and employment in our field.



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www.essentialcare.net.au



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Essential Care is owned and operated by two women who have extensive Community Service and Nursing experience and are both passionate about the services they provide.

What makes us Different?

INDIVIDUALITY

Because we are all different, Essential Care recognises each person will have different requirements.

We will prioritise your needs and provide services to meet those specific needs.

EXPERIENCE

Essential Care provides the most experienced and dedicated Care Worker that will best suit you.

Our Care Workers have a range of skills including: dementia, disabilities, palliative and mental health experience.

Our Care Workers have a minimum Certificate III in Aged Care, Disability Services or Home and Community Care .

CONTINUITY & FLEXIBILITY

We believe that clients have a right to a Care Worker on a day and at a time that best suits them.

We pride ourselves in ensuring clients have continuity of service and where possible will provide you with the same workers every time.



OUR PROMISE

We can provide service on the same day of referral on most occasions, but if not will guarantee service provision within 24 hours of accepting a referral.

Essential Care provides services 24 hours per day, seven days per week.

